## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Ty   | pe Response   | s)   |   |  |                    |   |  |   |                   |   |  |             |   |   |                      |
|--|---|--|---|--|--------------------|---|--|---|-------------------|---|--|-------------|---|---|----------------------|
| 1. Name and Address of Reporting Person *                            |   |  |   | 2. Issuer Name <b>and</b> Ticker or Trading Symbol JOINT Corp [JYNT] |                    |   |  |   |                   |   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  |             |   |   |                      |
| (Last) (First) (Middle)<br>16767 NORTH PERIMETER DRIVE, SUITE<br>110 |   |  |   | 3. Date of Earliest Transaction (Month/Day/Year) 02/28/2022          |                    |   |  |   |                   |   | X Officer (give title below) Other (specify below)  Chief Financial Officer  |             |   |   |                      |
| (Street) SCOTTSDALE, AZ 85260  |   |  |   | 4. If Amendment, Date Original Filed(Month/Day/Year)                 |                    |   |  |   |                   |   | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person |             |   |   |                      |
| (City) (State) (Zip)   |   |  |   | Table I - Non-Derivative Securities Acqui                            |                    |   |  |   |                   |   | ired, Disposed of, or Beneficially Owned   |             |   |   |                      |
| 1.Title of Security<br>(Instr. 3)                                    |   | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) |  | Code<br>(Instr. 8) |   | 4. Securities Acquire (A) or Disposed of (D) (Instr. 3, 4 and 5) |   |                   | d 5. Amount of Securities<br>Beneficially Owned Followin<br>Reported Transaction(s)<br>(Instr. 3 and 4) |  | ollowing    | 6. Ownership Form: Direct (D) or Indirect | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |                      |
|  |   |  |   |  |                    | Code  | v  | Amount (A) or (D)   |                   | Price   |  |             |   |   | (msu. 4)             |
| Common stock 02/28/2022  |   | 02/28/2022                                 |   |  | A                  |   | 3,048<br>(1)   | A   | \$ 0              | 10,782  |  |             | D   |   |                      |
|  |   |  | (4  | e.g., puts, cal  | ls, wa             | rrants, op  |  |   |                   |   | ly Owned   |             |   |   |                      |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Y     | 3A. Deemed Execution Dat                                    | e.g., puts, call<br>4.<br>Transac<br>Code                            | tion               |   | ed, Di<br>etions,<br>6. Da<br>and I<br>(Mor                      | ained in this form<br>orm displays a c<br>sposed of, or Bene<br>convertible securi<br>ate Exercisable<br>Expiration Date<br>nth/Day/Year) |                   | reficial<br>rities) 7. T<br>Amo<br>Und<br>Seco  | cially Owned ies) 7. Title and Amount of Underlying Securities (Instr. 3 and   | 8. Price of | 9. Number                                 | of 10. Ownersh Form of Derivati Security Direct (I                | Ownership (Instr. 4) |
|  |   |  |   |  |                    | (A) or<br>Disposed<br>of (D)<br>(Instr. 3,<br>4, and 5) | oosed<br>O)<br>tr. 3,  |   |                   |   |  |             | Reported<br>Transaction(<br>(Instr. 4)    | or Indir<br>(I)<br>(Instr. 4                                      |                      |
|  |   |  |   | Code   | V                  | (A) (D)   | Date<br>Exer   |   | Expiratio<br>Date | n Title   | Amount or Number of Shares   |             |   |   |                      |
| Repor  | ting O  | wners                                      |   |  |                    |   |  |   |                   |   |  |             |   |   |                      |
|  | Relationships   |  |   |  |                    |   |  |   |                   |   |  |             |   |   |                      |
| Reporting Owner Name / Address                                       |   |  |   | Director   | r 10°              |   | Officer  |   |                   | Other   |  |             |   |   |                      |

Chief Financial Officer

### **Signatures**

SCOTTSDALE, AZ 85260

Singleton Jake

| /s/ Robin C. Friedman, Attorney-in-fact | 03/02/2022 |
|---|------------|
| **Signature of Reporting Person         | Date       |

16767 NORTH PERIMETER DRIVE, SUITE 110

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All of the shares are restricted shares, with 25% vesting on each of the first four anniversaries of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.