## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person* Rubel Matthew E				2. Issuer Name and Ticker or Trading Symbol JOINT Corp [JYNT]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner					
(Last) (First) (Middle) 16767 N. PERIMETER DR., STE. 110				3. Date of Earliest Transaction (Month/Day/Year) 03/11/2021						Office	er (give title belo	ow)	Other (specify l	pelow)		
(Street) SCOTTSDALE, AZ 85260				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City	)	(State)	(Zip)		7	able l	l - Noi	n-Der	ivative S	Securitie	es Acqu	ired, Disp	osed of, or l	Beneficially	Owned	
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 8)		etion	4. Securities Acq (A) or Disposed (Instr. 3, 4 and 5) (A) or		of (D)	Beneficia	unt of Securities ially Owned Following d Transaction(s) and 4)			7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						С	ode	V	Amoun	t (D)	Price				(Instr. 4)	
Common	Stock		03/11/2021				S		10,700	D	\$ 45.22	16,399			D	
Common Stock 03/11/		03/11/2021				S		12	D	\$ 45.48	16,387			D		
Common Stock 03/11/2021					•	G	V	1,788	D	\$ 0	14,599			D		
Reminder:	Report on a s	separate line fo	or each class of security Table II -	Derivati	•	ties A	cquir	Pers cont the t	ons whatained in	no responding this formal section in this formal section in the se	orm are a curre eneficial	not requesting ntly valid	OMB con	formation spond unle trol numbe	ss	1474 (9-02)
1. Title of	2.	3. Transaction		4.		5.	113, Up		ate Exer			itle and	8. Price of	9. Number	of 10.	11. Natur
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Ye	Year) any	tte, if Transaction Code Year) (Instr. 8)		Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Month/Day/Year) Us Se (In		Und	ount of lerlying urities tr. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Security Direct ( or Indire	Beneficia Ownersh (Instr. 4)	
					Code V	(A)	(D)	Date Exer		Expirati Date	on Title	Amount or Number of Shares				

#### **Reporting Owners**

		Relationships					
Reporting Owner Name	Reporting Owner Name / Address		10% Owner	Officer	Other		
Rubel Matthew E 16767 N. PERIMETER D SCOTTSDALE, AZ 8526	•	X					

### **Signatures**

/s/ Robin C. Friedman, Attorney-in-fact	03/15/2021
**Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.