# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Ty  | pe Response   | s)   |   |   |                                |                      |       |       |   |   |   |                                  |  |                                      |   |  |   |                                     |
|---|---|--|---|---|--------------------------------|----------------------|-------|-------|---|---|---|----------------------------------|--|--------------------------------------|---|--|---|-------------------------------------|
| 1. Name and Address of Reporting Person * Amos James H. JR  |   |  |   | 2. Issuer Name and Ticker or Trading Symbol JOINT Corp [JYNT] |                                |                      |       |       |   |   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner |                                  |  |                                      |   |  |   |                                     |
| (Last) (First) (Middle)<br>16767 N. PERIMETER DR., STE. 240 |   |  | 3. Date of Earliest Transaction (Month/Day/Year) 05/29/2020 |   |                                |                      |       |       |   | Office  | er (give title belo   | ow)                              | Other (spec  | ify belov                            | N)  |  |   |                                     |
| (Street)  |   |  |   | 4. If Amendment, Date Original Filed(Month/Day/Year)          |                                |                      |       |       |   | 6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person |   |                                  |  |                                      |   |  |   |                                     |
| SCOTTS  | SDALE, A  | Z 85260                                    |   |   |                                |                      |       |       |   |   |   |                                  |  | ed by More than                      | one reporting   | reison   |   |                                     |
| (City   | ·)  | (State)                                    | (Zip)   |   |                                | Tal                  | ble I | - Non | -Deri   | ivative :   | Securities  | Acqu                             | ired, Disp   | osed of, or I                        | Beneficially  | Owned  |   |                                     |
| (Instr. 3)  |   | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year  |   |                                | f Code<br>(Instr. 8) |       | ction | 1 4. Securities Acquire<br>(A) or Disposed of<br>(D)<br>(Instr. 3, 4 and 5) |   | of  | Beneficial                       | t of Securities ly Owned Following Transaction(s) nd 4)  |                                      | Ownership<br>Form:<br>Direct (D)  |  | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |                                     |
|   |   |  |   |   |                                |                      | C     | ode   | V   | Amoui   | (A) or (D)  | Price                            |  |                                      |   | (I)<br>(Instr. 4   |   | ISU. 4)                             |
| Common  | Stock   |  | 05/29/2020  |   |                                |                      | 1     | A     |   | 2,647<br>(1)  | A   | \$ 0                             | 86,944   |                                      |   | D  |   |                                     |
|   |   |  | Table II - 1  |   |                                |                      |       | quire | the fo  | orm dis   | splays a o  | curre<br>eficial                 | ntly valid   | uired to res<br>OMB cont             |   | ss   |   | 74 (9-02)                           |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)         | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Y     | 3A. Deemed<br>Execution Da                                  | te, if  | 4. Transaction Code (Instr. 8) |                      | 5.    |       | 6. Da   | Expiration Date (th/Day/Year)   |   | 7. Tit<br>Amou<br>Under<br>Secur | ritle and<br>ount of<br>derlying<br>urities<br>tr. 3 and | Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>Derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4) | Ownersh<br>Form of<br>Derivativ<br>Security:<br>Direct (I<br>or Indire | n of<br>vative<br>urity:<br>ct (D)<br>direct                      | Beneficia<br>Ownershi<br>(Instr. 4) |
|   |   |  |   |   |                                |                      |       |       |   |   |   |                                  | Amount   |                                      |   |  |   |                                     |

#### **Reporting Owners**

| Ī |  | Relationships |              |         |       |  |  |
|---|--|---------------|--------------|---------|-------|--|--|
|   | Reporting Owner Name / Address   | Director      | 10%<br>Owner | Officer | Other |  |  |
|   | Amos James H. JR<br>16767 N. PERIMETER DR., STE. 240<br>SCOTTSDALE, AZ 85260 | X             |              |         |       |  |  |

# **Signatures**

| /s/ Robin C. Friedman, Attorney-in-fact | 06/01/2020 |
|---|------------|
| **Signature of Reporting Person         | Date       |

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All of the shares are restricted shares, with vesting in full on the earlier of (i) May 29, 2021 and (ii) the date of the next annual meeting of the shareholders of The Joint Corp.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.